

groundwater week  
Nashville • Dec. 5-7, 2017

INSTRUMENTAL TO YOUR SUCCESS

NWGA GROUND WATER WEEK 2017

Excavation Safety

### Osha definition of our trade

Industry code # 1781 Water Well Drilling

- Special trade contractors primarily engaged in water well drilling. (Establishments primarily engaged in drilling oil or gas field water intake wells on a contract or fee basis are classified in Mining, Industry 1381.)
- Drilling water wells-contractors
- Geothermal drilling-contractors
- Servicing water wells-contractors
- Well drilling, water: *except oil or gas field water intake-contractors*

### Not All of Our Work is Drilling



### What osha standards apply?

## 29 CFR 1926 Construction




### 1926.651 Subpart P

## EXCAVATION

Statistically the most dangerous type of work in the U.S.

Approximately 60 persons are killed and 600 hurt from cave-ins


Fatality rate for trenching work is 112% higher than construction work in general

*This backhoe operator is having second thoughts about the days events which resulted in the death of the company owner!*

## Death and Injuries

- Suffocating
- Crushing
- Loss of Circulation
- Struck by falling object
- Moves/Falls at 17 mph



## History

Since OSHA's inception there has been a need for more comprehensive regulations which employers can comply with to protect their workers.

The new excavation regulations which became effective March 5, 1990 were designed to do just that.

## Three Major Changes

1. The requirement that the employer assign a "Competent Person" to every excavation!
2. Every "Protective System" is required to have a certification.
3. The soil at every excavation must be analyzed.

## The Competent Person

Knows the soil

Knows the Standards

Knows the Protective System

Has the Appropriate Authority



## Competent person Should Make inspections

- Daily Prior to Work
- Of the Excavation
- Protective System
- Surrounding Area
- After a Rain
- Possible Cave-ins
- Hazardous Atmospheres are Possible
- After other Hazards Occur or Increase in Frequency



## Soil Classifications

Sand, silt, and clay are the basic types of soil. Most soils are made up of a combination of the three. The texture of the soil, how it looks and feels, depends upon the amount of each one in that particular soil.

- Stable Rock (The most stable material)
- Type A (The most stable "soil")
- Type B (The most common "soil")
- Type C (The most unstable "soil")



## EXCAVATION Slopes

Soil Type	Slope Ratio	Slope angle
Stable Rock	Vertical	90°
Type A	¾:1	53°
Type B	1:1	45°
Type C	1½:1	34°
Type A (ST)	½:1	63°

## Soil Analysis

What does it weigh?

Weights of Materials for 1 cu. foot

- Dry Sand=80-90 lbs.
- Dry Clay=85-90 lbs.
- Wet Clay=110-125 lbs.
- Wet Mud=120-125 lbs.
- Limestone=160 lbs.
- Granite=165 lbs.

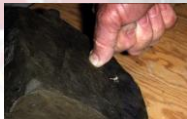


## Soils Testing

Instruments



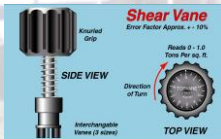
## Review soil testing



Thumb Penetration Test



Plasticity Test



Shear Strength



Unconfined Compressive Strength

## Protective System

When needed?

Less than 5 feet if a Competent person determines that a cave-in could occur

When a trench is 5 feet or more in depth



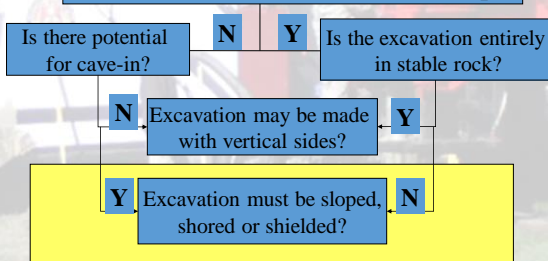
Less than 5 feet



More than 5 feet

## Excavation Depth

Is the excavation more than 5 feet deep?



## Excavation options



Sloping



Benching



Shoring



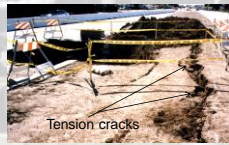
Trench Box



## Sloping Options

When sloping a trench you must know

- Type of Soil
- Depth of Excavation
- Time Excavation will be open
- Changing conditions



## Placement of spoils

Spoil piles must be placed 2 feet away from the excavation

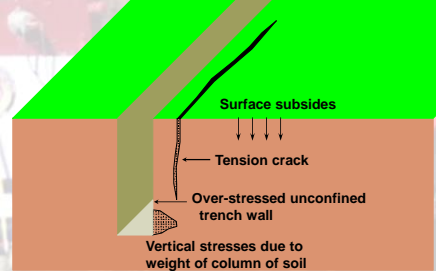


## Factors of cave-ins

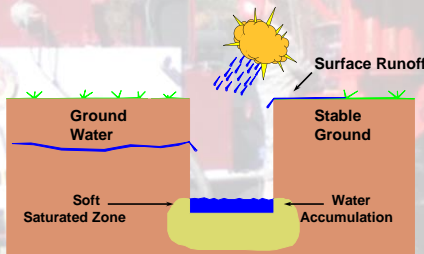
- Soil Composition
- Water in soil
- Depth of Excavation
- Climatic Conditions
- Time Excavation will be open
- Locations of Utilities
- Traffic and near-by Structures



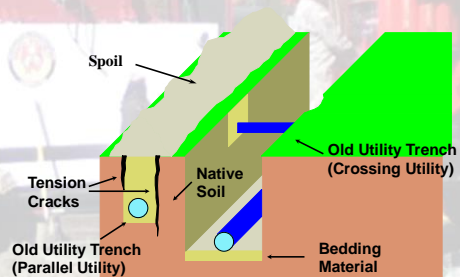
## Multiple Cave-in Scenario



## Effects of Water



## Previously Disturbed Areas



## After a cave-in

After the fact inspections are the most difficult for a contractor to defend against because:  
 "A highly predictable, preventable event has occurred."

- ❑ **PREDICTABLE:** There are no permanently vertical soil or rock walls found in nature!
- ❑ **PREVENTABLE:** There are MEANS (equipment) or METHODS (work processes) available which will prevent worker exposure.

**CONCLUSION: Cave-ins are not accidents!**

## Shield and shoring

Uprights  
 Wales  
 Cross Braces  
 Close Sheeting



Shoring is a structure such as a metal hydraulic, mechanical, or timber bracing system that supports the sides of an excavation.

## Trench boxes

A trench shield or box is a heavy metal box designed to be placed in a trench; it prevents the sides of the trench from caving in.

- Installed Properly
- Provide end Protection
- No Employees Outside Of Trench Box
- Move Only When No One Is In The Trench
- Use Manufactures Tabulated Data Sheets
- Rated for The Depth Of The Trench

## Trench box

Rated for The Depth Of The Trench

No Employees Outside Of Trench Box



Move Only When No One Is In The Trench



## Trench box

Evaluating Shields Condition



The contractor was only asking \$900.00 because it had some "minor" damage!

Many components necessary for the safe use of this shield are missing:

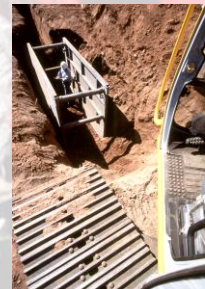
- Spreaders
- Stacking pins
- End plates

## Trench box

Assemble correctly



Installed Properly



Use Manufactures Tabulated Data Sheets

## Personal Safety

Fall Protection – Physical protection shall be provided

Each employee at the edge of an excavation 6 feet (1.8m) or more in depth shall be protected from falling by guardrail systems, fences, or barricades when the excavations are not readily seen because of plant growth or other visual barrier

Hazardous Atmospheres – Low oxygen, flammable atmosphere, Toxic environment.



## Hazardous Atmospheres

To prevent exposure to harmful atmospheres the following guidelines should be used:

Entry into excavations deeper than 4' where it is reasonable to expect that hazardous atmospheres might exist shall be tested before entry is allowed.

Entry into areas where the O<sup>2</sup> (oxygen) level is less than 19.5% is prohibited.

Entry is prohibited when flammable gases are present in concentrations greater than 20% of the lower flammable limit of the gas.

## Common Effects of Gas

### Carbon Monoxide

- Headache
- Nausea
- Loss of Consciousness
- Brain Damage
- Death

PEL- 35 (No order)

### Hydrogen Sulfide

- Coughing
- Eye irritation
- Loss of Consciousness

PEL –10 (smell of rotten eggs)

## Testing Requirement

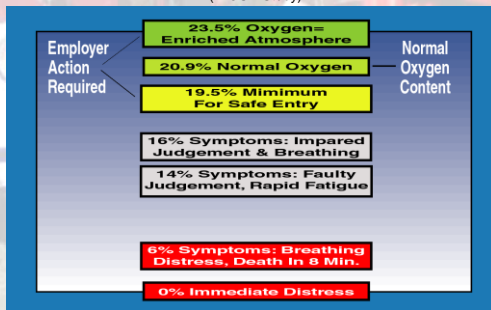
It is reasonable to expect hazardous atmospheres in:

- Landfill areas (dump grounds, landfills, etc.)
- Next to fuel and chemical storage areas
- When doing removal of contaminated soils
- When digging in soils with high organic content

NOTE: Testing should always be performed in these areas

## Oxygen Deficiency

(NIOSH Study)



## Support Protect or Remove Utilities



An "4" beam and chains were used to support the concrete "duct-bank" crossing this excavation from left-to-right.



Contractor supported these communication lines by placing timbers across the trench then using strapping.



## Locating Utilities by HYDRO EXCAVATION



## professional engineer

Any system not found within the guidelines set forth in the standard, or within the tabulated data tables in the standard requires use of a Professional Engineer.

\*No where in the standard or tabulated data does it allow for excavations deeper than 20 feet



## Access & Egress

All excavations four feet or more in depth must have a stairway, ladder, ramp, or other safe means of egress so as to require no more than 25 feet of lateral travel for employees.



## Exposure to falling loads

Employees must be protected from falling loads or objects falling from lifting or digging equipment

Employees are not permitted to work under raised loads

Employees are required to stand away from equipment that is being loaded or unloaded



Trucks will either have cab protection or the driver will exit the vehicle during loading



## Exposure To vehicles

Protect employees from being injured or killed by vehicle traffic: Provide employees with and **require them to wear warning vest**. Require a designated, trained flagger along with signs, signals, and barricades when necessary.



No Vest



No Shoring

## Surface crossing

Surface crossing of trenches should be discouraged; Vehicle crossing must be designed by and installed under the supervision of a registered professional engineer.

Each employee within six feet of the edge of an excavation six feet or more in depth must be protected from falling by guardrail systems, fences, personal fall arrest systems, or barricades.



No mid-rail



## Review questions

1. Protect workers from excavated materials that could pose a hazard by falling inside the excavation by placing and keeping such materials at least 2 feet from the edge of the excavation
2. The depth of a trench is greater than its width, but the width of a trench is not greater than 15 feet.
3. Short term exposure means a period of time less than or equal to 24 hours that an excavation is open
4. A stairway, ladder, ramp or other safe means of egress shall be located in trench excavations that are 4 feet
5. Trenches deeper than 5 feet deep must be sloped, shored or shielded.

## Review questions

6. Hazardous atmospheres can occur in Any Depth of an excavation.
7. Safe egress from a trench can require no more than 25 feet of lateral travel for employees.
8. Ladders must be secured and extend at least 3 feet above the landing
9. Workers are prohibited from entering a excavation with less than 19.5 percent oxygen.
10. Inspection of the excavation and surrounding area has to be completed by a competent person at least 1 times daily.
11. Entry is prohibited when flammable gases are present in concentrations greater than 20 % of the lower flammable limit of the gas.

## Review questions

12. Each employee within 6 feet of the edge of an excavation six feet or more in depth must be protected from falling by guardrail systems, fences, personal fall arrest systems, or barricades.
13. An excavation deeper than 20 feet has to be approved by a registered professional Engineer from that state.
14. An oxygen enriched atmosphere is any space with above 23.5 percent oxygen.
15. A trench shield set below grade should extend 18 inches above the bottom of the sloped part of the excavation.
16. A trench shield can be no more than 2 feet above the bottom of the excavation.
17. Entry into excavations deeper than 4 feet where it is reasonable to expect that hazardous atmospheres might exist shall be tested before entry is allowed.

## Review questions

18. Equipment must be kept at least 2 feet away from an excavation.
19. Fatality rate for trenching work is 112 % higher than construction work in general.
20. Approximately 60 persons are killed in cave ins each year.